






# Pikewood Manor Activities

# September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
		<p>6:00 pm to 6:50 pm LCCC Wellness Line Dancing Program</p> 		<p>9 am to 9:50 am LCCC Low Impact Aerobics w/Renee</p> <p>Aerobics</p>	<p>9:00 am to 9:50 am LCCC Wellness Yoga Low- Level 1</p> 	
17	18	19	20	21	22	23
		<p>6:00 pm to 6:50 pm LCCC Wellness Line Dancing Program</p> 		<p>9 am to 9:50 am LCCC Low Impact Aerobics w/Renee</p> <p>Aerobics</p>	<p>9:00 am to 9:50 am LCCC Wellness Yoga Low- Level 1</p> 	
24	25	26	27	28	29	30
		<p>6:00 pm to 6:50 pm LCCC Wellness Line Dancing Program</p> 		<p>9 am to 9:50 am LCCC Low Impact Aerobics w/Renee</p> <p>Aerobics</p>	<p>9:00 am to 9:50 am LCCC Wellness Yoga Low- Level 1</p> 