











Pikewood Manor Activities

October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	<p>3</p> <p>6 pm to 6:50 pm LCCC Wellness Line Dancing Program</p> 	4	<p>5</p> <p>9 am to 9:50 am LCCC Low Impact Aerobics w/Renee</p> <p>Aerobics</p>	6	<p>7</p> <p>9 am to 9:50 am LCCC Wellness Yoga Low - Level 1</p> 
8	9	<p>10</p> <p>6 pm to 6:50 pm LCCC Wellness Line Dancing Program</p> 	11	<p>12</p> <p>9 am to 9:50 am LCCC Low Impact Aerobics w/Renee</p> <p>Aerobics</p>	13	<p>14</p> <p>9 am to 9:50 am LCCC Wellness Yoga Low - Level 1</p> 
15	16	<p>17</p> <p>6 pm to 6:50 pm LCCC Wellness Line Dancing Program</p> 	18	<p>19</p> <p>9 am to 9:50 am LCCC Low Impact Aerobics w/Renee</p> <p>Aerobics</p>	20	<p>21</p> <p>9 - 9:50 am LCCC Yoga</p>  <p>5 pm Pumpkin Fall Fest</p> 
22	23	<p>24</p> <p>6 pm to 6:50 pm LCCC Wellness Line Dancing Program</p> 	<p>25</p>  <p>5:30 pm-8:00 pm * FREE *</p>	<p>26</p> <p>9 am to 9:50 am LCCC Low Impact Aerobics w/Renee</p> <p>Aerobics</p>	27	<p>28</p> <p>9 am to 9:50 am LCCC Wellness Yoga Low - Level 1</p> 
29	30	<p>31</p> <p>6 pm to 6:50 pm LCCC Wellness Line Dancing Program</p> 